

PC202 2526b) Generation Game

Connections Bus Project have received funding from The Evelyn Trust to deliver a 10-week *Generation Game* project in Melbourn. The project supports young people to become fun, confident, and safe visitors to older people.

The course accommodates up to 15 young people and will run after school on a Tuesday from the Pavilion.

This is a tailor-made course to help young people gain a basic level of knowledge, understanding and learning to be a safe and caring visitor for older people. As well as offering practical and hands-on experience, they will complete a portfolio of work and receive a certificate on successful completion of the course, including First Aid.

A key part of the project is encouraging young people to move on to local volunteering opportunities at the end of the course. This could include visiting older people in the community, supporting a local care home, helping at community events, or even developing a bespoke intergenerational project for local residents.

Stephanie will be working with Connections Bus Project to deliver the course and ensure the young people have opportunities to use the skills learnt after the course.

The course covers:

- Introduction and group agreement, “about me” and who do you know?
- What makes a good visitor? Positive communication and activities.
- Reminiscence activities and resources.
- First Aid Course
- Safeguarding and boundaries. Dealing with challenging situations.
- Dementia Friends Information
- Identifying our strengths. Setting up a visit or activities session.
- Activities and project planning
- Activities session/visit to local care home.
- Volunteering opportunities/networking session. Graduation.

Other communities such as the Mobile Warden Scheme and local care homes will be involved.

To find out more watch this short video: <https://youtu.be/2qwL67PNF4s>