

MELBOURN PARISH COUNCIL

Doc. No.4.03  
Version 5  
Review Date: November 2020

MELBOURN PARISH COUNCIL

Application for Grant for Voluntary Organisations

Please note that this application will not be considered unless it is accompanied by a copy of the latest set of annual accounts showing the organisations income, expenditure and level of balances.

If the organisation does not prepare annual accounts, copies of the bank statements covering the previous six months must be enclosed.

1.	Name of Organisation	COMMUNITY SUPPORT FOR DEMENTIA
2.	Name, Address, and Status of Contact	DAVINA BISWELL [Redacted] BOURN
3.	Telephone Number of Contact	[Redacted] 14
4.	Is the organisation a Registered Charity?	Yes/No <input checked="" type="radio"/> No
5.	Amount of grant requested	£ 6255.37
6.	For what purpose of project is the grant requested.	MONTHLY DEMENTIA CAFES, TRAINING & SUPPORT FOR PEOPLE 'LIVING WITH DEMENTIA'
7.	What will be the total cost of the above project?	£ 9278.00
8.	If the total cost of the project is more than the grant, how will the residue be financed?	FUNDRAISING. QUIZ NIGHTS, CLOTHES SALE, ETC + MONEY ALREADY HELD.
9.	Have you applied for grant for the same project to another organisation?	NO.

MELBOURN PARISH COUNCIL

Doc. No.4.03  
Version 5  
Review Date: November 2020


	If so, which organisation and how much?	N/A.
10.	Are 3 <sup>rd</sup> parties necessary to deliver your project? If yes, please list them.	VENUE: MELBOURN HUB TRAINING: FORGET ME NOT TRAINING
11.	Who will benefit from the project?	RESIDENTS OF MELBOURN LIVING WITH DEMENTIA THEIR FAMILIES & CARERS.
12.	Approximately how many of those who will benefit are parishioners?	95%.

You may use a separate sheet of paper to submit any other information which you feel will support this application, please keep this information to 1 page.

Have you previously received a grant from MPC?  Yes  No

If yes, please give date. 10. 2. 2020.

If yes and within the previous 12 months, please confirm that the grant has been spent and provide a brief report.

Signed.....  ..... Date..... 15/4/21.

**3<sup>rd</sup> parties**

I/we have been fully consulted about the role attributed to us in this proposal and agree to carry it out.

Name:

Organisation:

Name:

Organisation

## Community Support for Dementia 2020-21

### Testimonials

My husband (who is living with Dementia) and I only heard of and were able to attend one Memory Cafe in February 2020 before Covid restrictions were implemented. Since then, we have received worksheets, activities, and edible goodies regularly from Davina and Stephanie and been part of a their What's App group. We have felt included, thought, and cared about, both by the organisers and fellow members which helped us through a very difficult period. We very much look forward to continuing and developing these friendships face to face when allowed.

[REDACTED]

Without the support of the local dementia group, I would have been at a loss as to where to seek specific dementia care advice and guidance in a time of crisis. The community that this group has created has given a real sense of support to the person living with dementia and so importantly the family and carers supporting them. The support of activities, resources, and kind supportive knowledgeable people has made the world of difference to us as a family while managing to care for a loved one with dementia in the family.

Steph and Davina and all their creativity and planning to support the community is invaluable and has filled a much-needed gap for local, easy to access support.

[REDACTED]

The Melbourn support group have proven invaluable to myself and my wife who lives with Alzheimer's. We joined this group in 2019 following its promotion by the Melbourn Hub, community facility and attended all the monthly group meetings at the Hub until lockdown. And the summer beach party event in the summer 2020.

This group provides daily support for everyone to lean on and support each other. A WhatsApp group was set up to keep everyone in touch during lockdown, which has brought everyone together. The group has provided and delivered weekly activity parcels each week, including treats in the form of cakes, periodically. Also challenges in growing sunflowers, baking cakes and quizzes. Living with a partner who is now approximately four years living with Alzheimer's, having a group to ask for advice and have a social contact is critical. I cannot even think how I would have coped without this group to be there and support us.

[REDACTED]

As a volunteer to the Melbourn Dementia/ Memory Cafe, I can see the difference it makes to those 'living with dementia' & families. Smiles & caring words mean so much. This is truly a necessity! as our village grows & the need for this service will become greater. I am proud to be a part of this.

[REDACTED]

Until lockdown me and my husband looked forward to our monthly visit to the Hub. It was always a most enjoyable time for us. A lovely place to relax, chat and have some fun. We were made to feel so welcome and looked after so well.

I don't know what we would have done without the help we received during lockdown. A lovely delivery every week. The daily Sparkle, puzzles, quizzes etc. Not to mention the lovely cakes and goodies. Something we always look forward to. Enormous thanks to all involved. They keep us sane!!



## Community Support for Dementia

The support and friendship the Group gives to both Carers and Cared-For is wonderful and just what we had been looking for our Mum and ourselves. Meeting on a Saturday is invaluable, as support activities are usually weekday based. We get together in a lovely relaxed atmosphere, Carers able to unwind for a time, with loved ones offered sensory animals to help them relax, able to join in singing and other activities - to see smiles and laughter is all that you could wish for.

Throughout the past year, living through pandemic restrictions, we have all received regular 'goody packs' to our door - newsletters, puzzles and yummy cakes - which has kept everyone in touch and lifted spirits. We also have the support of a professional from the dementia sector, who has helped Carers in our Group and for us, her advice and guidance proved immeasurable (for so long we had sought help for our Mum and it was only towards the end of her life that we found the help we needed). Sadly, our amazing Mum died last July but to know that we can still be part of the Group, as we struggle with her loss, helps us enormously and, in turn, hopefully we can support and share our experiences with our Group friends.



*17 March 2021*

---

## **What happened in 2020.**

From 29<sup>th</sup> March 2020, one week after the Covid-19 national lockdown, we created, assembled and delivered activity packs to 20+ households to support carers and their loved ones 'living with dementia'. This continued until October 2020 on a weekly basis and then we moved to bi-weekly.

The Activity packs were also added to the carebank.com website.

All materials were purchased through CS4D except for some cakes that were donated by Arlington Manor Care Home in Cambridge for 3 consecutive months.

A WhatsApp chat group was created, which proved a successful day to day communication for the carers offering humour and support.

We subscribed to the 'Daily Sparkle', an Activity Resource company for people living with dementia. This proved invaluable and continues to give us inspiration and ideas to this day.

We sadly lost 3 of our friends 'living with dementia'. We offered support to their loved ones before and after via Forget me Not Dementia Support (Chris Elsley), from which we received great feedback. Chris also offered support to two other carers within our group who were really struggling to cope.

'A Day at the Seaside' themed Dementia Café was held at the Hub on 5<sup>th</sup> September in between lockdowns. This was the last time our group met socially.

## **Going forward in 2021**

We are continuing to support through Activity Packs, zoom gatherings and WhatsApp chats until the covid-19 restrictions are lifted.

Our plans for 2021 are

Dementia Cafés as soon as possible. To be held on a Saturday afternoon or morning (dependant on the venue). The wish list is to have something every Saturday for carers and their loved ones to attend. Saturdays have proved popular with families because this is when they are able to have 'social time' with their loved ones 'living with dementia' and the Dementia cafes offer stimulation for those 'living with dementia' and respite for their families/personal carers.

Week 1: Dementia Café at the Hub

Week 2: Magic Table at Margaret House Care Home, Barley

Week 3: Dementia Café with Pet therapy at a local care home (Melbourn Springs are keen)

Week 4: Dementia Café (or Carer's café) at .....

Walking with Carers events – Wimpole Hall in May

Dementia training events

Informative events – i.e. funding care, preparing for the future in your home etc etc

Local supports: 15 people – August 1<sup>st</sup> back on track – maybe

## **Funding – what do we need/ what is available.**

### **Monies needed for**

Dementia Cafes – hub + professional, pet therapy, professional dementia support, events, subscriptions, leaflet drops etc

### **What is available?**

Parish Council grant?

### **Fundraising**

Local Businesses - Letter to ask them to sponsor a Dementia Cafe.

Pre-loved Clothing Sale – Netball girls, Saturday/Sunday at the hub (or other venue)

Dance'athon (Vicky)

Ladder Climb (Fire Service) - much later in the year

## **Finding new members**

Start again?

- Dementia Friends Session (to obtain interest)
- Dr's Surgery
- VDT
- Leaflet drops
- Advertising: Listing, Meldreth Matters, Melbourn magazine,
- Other organisations: MMWS, Timebank – produce an introductory leaflet.
- Parish Council – welcome packs
- Local Radio
- Community care scheme
- Pharmacy

## **Forget me Not Training – what involvement.**

Chris is a mind of information and very knowledgeable. How can we utilise her expertise?

- Dementia training for the carers in the group
- Maybe a 6-week calendar, each week focusing on something new (could be zoom whilst social distancing is restricted. Recommend information on 'dementia pathway in the home')

## **Ways to promote CS4D in registered organisations**

AGE UK, Hertwise, Alzheimer's UK, Dementia UK, Dr's surgeries, Memory Clinics

<b>Community Support for Dementia - Expenditure</b>		<b>March 2020 - March 2021</b>
Melbourn Parish Council Grant 10.02.20	4491.32	
<b>Projects</b>	<b>Costs</b>	<b>Details</b>
Dementia Cafés	706.00	Seaside themed Dementia Café at the Hub, between lockdowns
Equipment	1345.25	Animated Cat & Dog, Advertising Sails, interactive games, speaker for Dementia cafes,
Daily Sparkle Activity Coordinator	619.50	Monthly subscription for Dementia friendly activities
Information Leaflets plus delivery includes Dr's postage	540.00	£100 - 2500 leaflets + delivery £120 + weekly printing/delivery of activity packs during lockdown
Specialist support/training for carers	497.00	Forget me Not Dementia Training
Activity packs, home delivered during lockdown	961.74	materials, cakes, food etc
<b>Total expenditure:</b>	<b>4669.49</b>	

**Application for Funding re Dementia awareness project - Melbourn**

**Total requested as grant funding**

**£ 6,255.37**

August 2021-March 2022

<b>Expenditure</b>	<b>Projects with costs</b>	<b>Frequency per Annum</b>	<b>Costs</b>	<b>Total</b>	<b>Anticipated Income</b>	
	Dementia Friends Cafe	16	150	2400	0	Coffee/Tea + cake provided - Avg cost £4.00 (4 per month/ 2 @ Hub)
	Dementia Cafe Entertainment	16	114	1824	0	Event leader + entertainment Avg £114.00
	Daily Sparkle Activity Coordinator	12	59	708	0	Monthly subscription for Dementia friendly activities
	Information Leaflets plus delivery	4	220	880	0	£100 - 2500 leaflets + delivery £120
	Advertising Local Magazines	7	115	805	0	The listing, Melbourn Magazine, Melbourn Matters etc,
	Postal costs for GP surgeries	200	1.05	210	0	Envelopes + stamp + printing + 2nd class stamp. Various GP surgeries x 3
	Dementia equipment one off costs	1	300	300	0	This will include a varying array of dementia related equipment
	Specialist support/training for carers	8	30	240		Forget me Not Dementia Training (£30/hour)
	Virtual Dementia Bus	1	1080	1080	550	Costs to user £25 pro - £10 resident
	Transportation costs	42	5.5	231	0	We will use RDCT where possible or Fuel paid volunteers £5.50
	Dementia Training Session/Carers	3	200	600		One every 12 weeks/pay trainer/tea/coffee etc
				0	0	
				0	0	
	Other grant Funding Sources				0	It will be the intention to approach other PC's as new members come from those parishes. SCDC and CCC will be approached.
	Donations				0	
	Current monies held				2472.63	
				<b>£ 9,278.00</b>	<b>£ 3,022.63</b>	